

SOURCES OF LOCAL DATA

MY HEALTHY COMMUNITY

- The “My Healthy Community” website, designed as a Delaware Environmental Public Health Tracking Network & maintained by the Delaware Department of Health & Human Services, is available at <https://myhealthycommunity.dhss.delaware.gov>. No account or login is necessary.
- Data is available on community characteristics including Environment, Chronic Disease, Mental Health & Substance Use, Healthy Lifestyles, Community Safety, Maternal & Child Health, Health Services Utilization & Infectious Disease.
- Within "Mental Health & Substance Use", summary metrics from the Prescription Monitoring Program are available.

PMP data available at the zip code level includes the count and rate of people who filled:

- Any opioid prescription
- High-dose opioid prescriptions
- Long-Acting or extended release opioid
- Immediate release opioid
- Treatment-related opioid prescriptions

- Comparisons to other areas within the state and to national data from 2012-2018 are available.

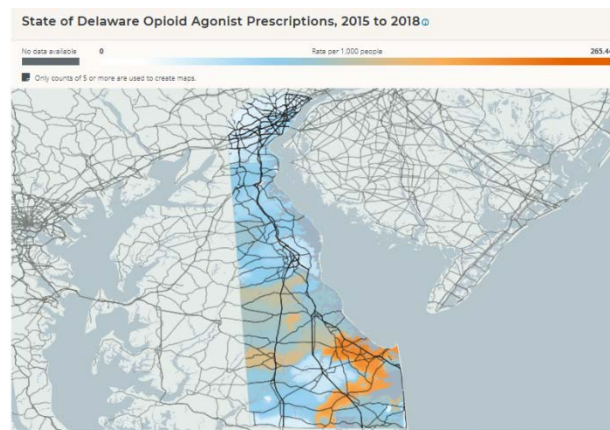


Figure 1. Map allowing for the viewing of opioid agonist prescriptions (per 1,000) people statewide from 2015 to 2018 (2018 data shown). Source: My Healthy Community website, using PMP data.

POLICYMAP

- PolicyMap (<https://www.policymap.com/maps>) is an online resource that allows for the mapping of data collected and aggregated from many sources. A free public edition is available, and some institutions (including the University of Delaware) have access to additional features.
- Available data in the public view includes opioid prescriptions per 100 people, and opioid overdose deaths per 100,000 people, at the county level.

Risk factor data available for mapping at the state and county level, and some other sub-divisions such as city, zip, or census tract for selected indicators where data is available, include:

- Opioid Use
- Alcohol and Tobacco Use
- Overweight and Obesity
- Food and exercise
- Lead exposure

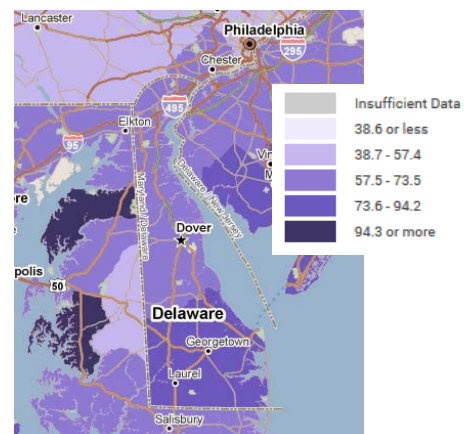


Figure 2.. Opioid Prescriptions per 100 people (Source: PolicyMap, based on CDC data)

THE STATE EPIDEMIOLOGICAL OUTCOMES WORKGROUP (SEOW)

- SEOW is a resource for Delaware data on substance use and related issues, to highlight trends over time and to inform the evaluation of prevention efforts. Ten years of annual Delaware epidemiological profiles and a variety of infographics are available at <https://www.cdhs.udel.edu/seow/reports-and-products>.
- Interactive heat maps are available displaying Delaware School Survey data from 2014-2018 on the topics of substance use among 8th and 11th graders. A tutorial and links to the maps is available at <https://www.cdhs.udel.edu/seow/delaware-heat-maps>.

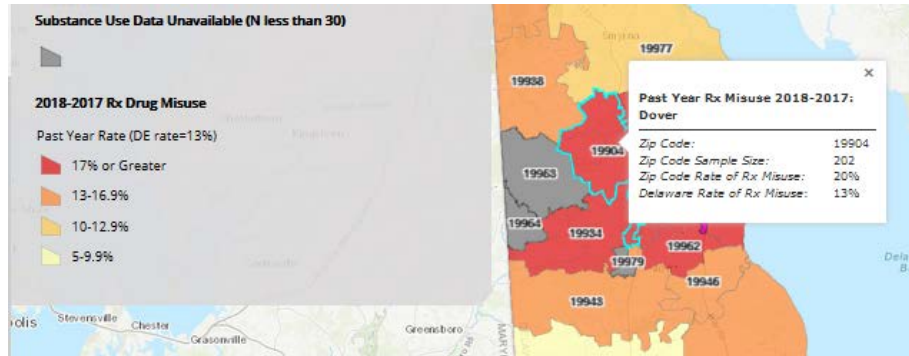


Figure 3. A sample image from a heat map of prescription drug misuse among 11th graders, 2017-2018, from SEOW interactive heat map site (<http://udel.maps.arcgis.com/apps/MapJournal/index.html?appid=233be58b20264e0799bee7051e09f6a>)

DOMIP – DELAWARE OPIOID METRIC INTELLIGENCE PROJECT

- Maintained by the Center for Drug & Health Studies, overdose death rates (per 100,000 residents) can be visualized by census tract, zip code, house district and county from 2013 to 2018.
- Maps show the location of resources throughout the State including methadone clinics, facilities, treatment facilities and other support services.
- This interactive mapping tool can be accessed online at: <https://www.cdhs.udel.edu/projects/domip>

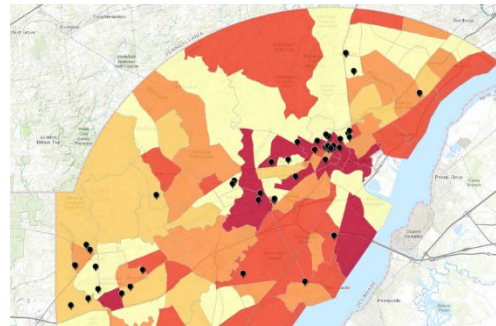


Figure 4. Location of Transitional and Sober Living facilities. Source: DOMIP.

KIDS COUNT

- KIDS COUNT in Delaware is a project by the Annie E. Casey Foundation, and administered in Delaware through the University of Delaware's Center for Community Research & Service.
- A wide range of indicators for kids health and welfare including substance use and adverse childhood experiences is available through an extensive online data center: <https://datacenter.kidscount.org/>
- An extensive list of additional resources of data in and about Delaware is available at the CCRS Kids Count site (<https://www.bidenschool.udel.edu/ccrs/research/kids-count-in-delaware/data-about-delawares-kids>), with links including UD research centers, State government resources, police, labor market and educational data.

Funding for this project has been provided by the Department for Health and Social Services, Division of Substance Abuse and Mental Health - State of Delaware through award SU-17-002 from the Substance Abuse and Mental Health Services Administration (SAMHSA).



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Substance Abuse and Mental Health

