



ZERO TO THREE
Early connections last a lifetime

Home Visiting: What it is and where it's going

Home Visiting Lunch & Learn

Presented by First Lady Tracey Quillen Carney, Delaware General Assembly Kids Caucus, Delaware Early Childhood Council, and KIDS COUNT in Delaware

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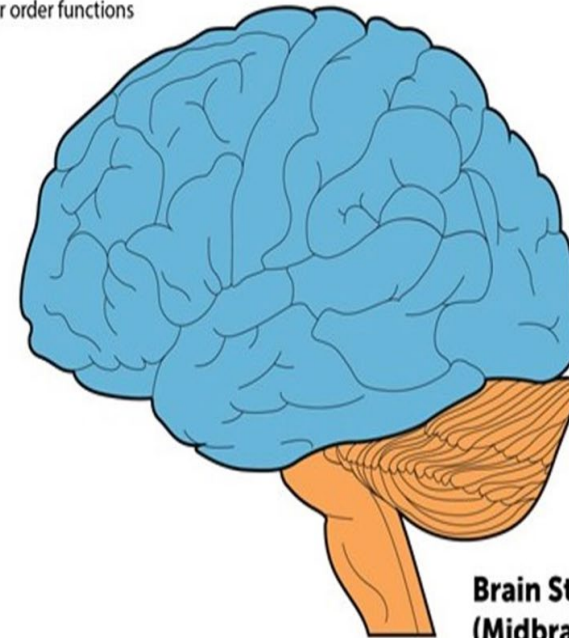


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Building a solid foundation for the future



Forebrain
Higher order functions



**Brain Stem
(Midbrain + Hindbrain)**
Lower order functions



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What is home visiting?

Home visiting is an effective method in supporting expectant and new parents to strengthen their child's development





Home visiting is a two-generation approach



Home visiting delivers both parent and child-oriented services that support the whole family.

It includes many different models which vary in goals and content of services.

Currently, 19 models meet federal Health and Human Services effectiveness criteria as evidence-based home visiting service delivery models.

Many promising practice models exist which may reflect community and family needs



Common features of evidence-based home visiting models

Voluntary

No cost to the family

**Delivered in the home
or another location the
family desires**

**Relationship-based
approach with the
family and a trained
home visitor**

**Driven by the family's
desires and goals for
their own family**

**Includes parenting
support and
information about child
development and early
learning**

**Includes
developmental and
social-emotional
screenings**

**Connects families to
other needed services**



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Home visiting is a good investment



Studies find a return on investment of \$1.80 to \$5.70 for every dollar spent on home visiting, consistent with established research on other types of early childhood interventions.

Source: [The National Home Visiting Resource Center 2021 Yearbook](#)

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With proven outcomes for children and families

For families participating in home visiting, compared to those who don't participate in home visiting:

- Pregnant women are more likely to access prenatal care and carry their babies to term
- Higher rates and duration of breastfeeding
- Children are less likely to need emergency medical care
- Fewer Child Protective Services reports
- More positive parenting practices and parent-child interactions
- More reading time with parents, more stimulation and support for learning
- Improved early language and cognitive development, greater math and reading achievement, reduced absenteeism rates, and decreased in-school and out-of-school suspensions
- Parents more likely to be in school or training programs, and to be employed
- For mothers, improved physical and mental health, reduced depressive symptoms and parenting stress



Home visitors need strong community supports for families



Home visiting, while a proven intervention itself, can not resolve every challenge. Home visitors must have a strong array of community supports to connect families to in order to be most effective.

Home visiting is a vital piece of a robust prenatal-5 system that supports all young children and their families.

Poll question



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From getting started to working effectively



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STATE OF BABIES YEARBOOK 2021

Compare Indicators Across States

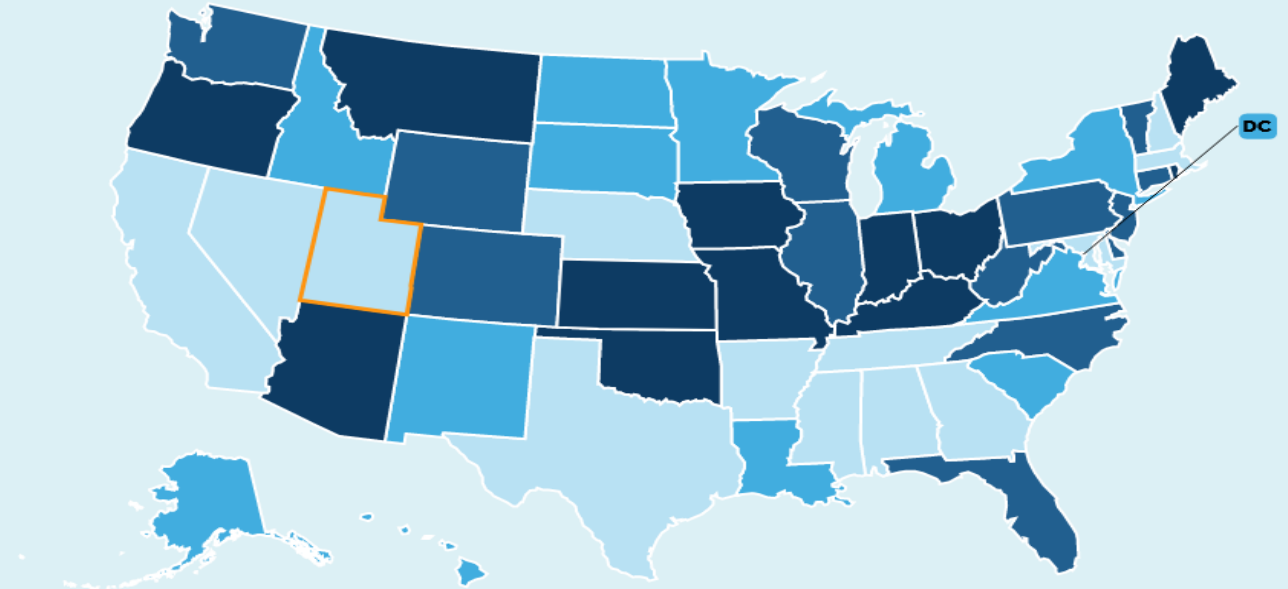
Use this interactive table to get a snapshot view of all states' results on any Yearbook indicator in our three domains – Good Health, Strong Families, and Positive Early Learning Experiences. Explore the results for all states on the map and through sortable listings by [Expand to Read More +](#)

Select an Indicator to Explore the Findings

Potential home visiting beneficiaries served

State	Percentage/Rate	Rank
Rhode Island	6.7%	W
Kansas	6.5%	W
Maine	5.5%	W
Missouri	5.4%	W
Kentucky	4.5%	W
Indiana	4.2%	W
Iowa	4.1%	W
Oklahoma	2.5%	W

STRONG FAMILIES Potential home visiting beneficiaries served



Source: [State of Babies Yearbook 2021](#)

- National
- States
- Compare Indicators
- Impact Areas
- Take Action
- Virtual Summit
- About Us





Expanding home visiting opportunities - examples

Continuum

Service array

Systems enhancements



“Hot topics” of discussion in home visiting

- Considering both evidence-based and promising practice models
- Flexibility in what “home” is in delivering services, incorporating some virtual home visiting
- Leveraging multiple funding streams, including American Rescue Plan opportunities
- Strengthening the workforce



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Thank you!

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Learn more about ZERO TO THREE at www.zerotothree.org



Resources

- [Center for Health Care Strategies brief: Addressing Racial and Ethnic Disparities in Maternal and Child Health Through Home Visiting Programs](#)
- [Home Visiting history and Timeline 1500-2012](#)
- [Home Visiting Yearbook 2021](#)
- [Illinois Family Connect Early Evaluation Report](#)
- [Migration Policy Institute brief on reaching immigrant and refugee families](#)
- [MIECHV-eligible home visiting models](#)
- [NCSL overview of home visiting and state legislation](#)
- [S690 authorizing universal home visiting in New Jersey](#)
- [State of Babies Yearbook 2021](#)
- [ZERO TO THREE updates on state home visiting initiatives](#)